

# THE SUNSET OBSERVER



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## Busy Giving Back



One thing you might not know about Pat Richey is she was adopted when she was 11 months old. Growing up, her family didn't have indoor plumbing or TV.

Today, Pat couldn't imagine her life if the TV was suddenly gone. "A lot of times I'm not even listening, but it's nice to have a voice in the background." Pat says she's used to noise and things going on, so being all alone in her room, it's

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nice to have the TV on. "This is home," insists Pat, indicating her apartment, "these two rooms are my home."

At 90, Pat attributes living as long as she has to keeping busy, getting involved, enjoying life, and trying to eat healthy. "I tried to feed my kids healthy, too" she adds.

Pat chuckles when she considers how she is different from her younger self. "I'm the same, I'm just older. My motto is to laugh a lot because we cry enough."

She says you have lived a good life if you are happy and content. "My husband had a lot to do with shaping my life. He said, 'Do unto others as you would have them do unto you.'"



*Pat never misses a visit from the CARES dogs.*

Pat has always liked to keep busy. "I was a nurse aide before I was married, and I did go work at the hospital after I was married, a little bit, not much. I've just been a busy person."

For many years Pat helped manage blood drives and donated 21 gallons of her own blood. She considers this one of her biggest accomplishments. "There's all those people's lives you've saved, just by giving a pint of blood."

Pat was also involved with Campfire Girls for 15 years. "I ordered supplies and was on the board. I always did bead orders. They earned beads. In a way, I was just involved in different things" she says.

Pat did a lot of babysitting before she was married, and was a stay-at-home mom before she retired. At Sunset Home, Pat works on all types of felt projects, like little stuffed ducks and sheep.

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She also spends time coloring beautiful pictures. Pat continues to give back generously by sharing these creations with others.

Pat says people shouldn't worry about money. "The more money you have, the more you want." She knows she is fortunate that her husband had a good job working for the post office. "I don't have to worry for anything. I didn't work very much. I only have a little social security."

What does Pat look forward to next? "Heaven" she adamantly replies. Until then she will keep her hands busy making beautiful items to give back to the friends and family around her.

## Spotlight on Robbie Robison

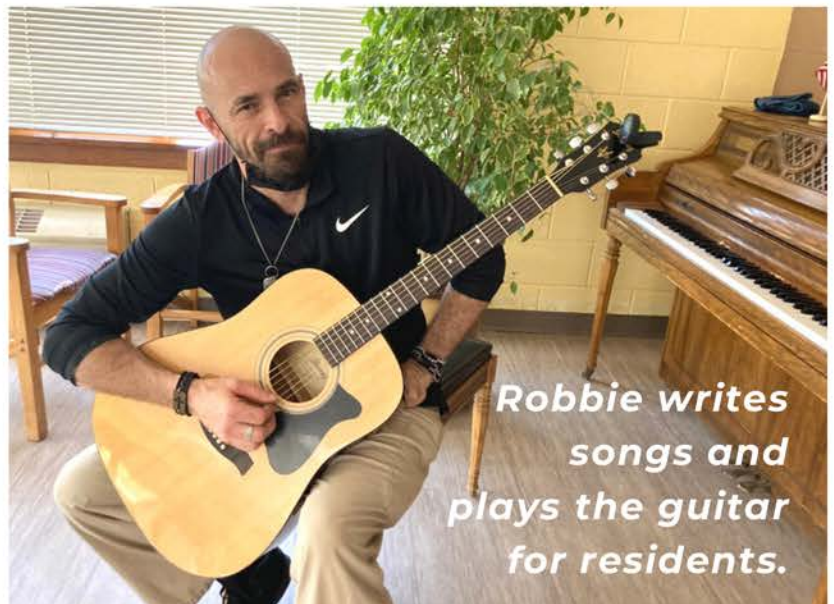
*Certified Nursing Assistant*

**Growing up, who had the most influence on your life?**

My mother, Bonnie Robison. My father was out to sea on the Navy ships most of my youth.

**What are your hobbies?**

Playing the guitar and writing music.



*Robbie writes songs and plays the guitar for residents.*

**If you could have dinner with one person, living or dead, who would they be and why?**

My brother's father-in-law, John Shuman, so I could hear one of his war stories.

**What was the most memorable concert you ever went to?**

Iron Maiden



## Veterans Group

Sunset Home veterans meet every Monday morning, often with other members of the Concordia veteran community. Standing left to right are Robert St. Pierre – Army Airforce, 1944-1946; Jerome Johnson – Army, 1953-1955; Ron Davis – Army, 1969-1979; Marge Higgins – Army, 1967-1970; George Watson – Army, 1971-1973; Troy Anderson – Army, 1983-1991; Bo Johnston – Naval Air Force, 1952-1956. Seated left to right are Carl Forshee – Army, 1950's; Gene Ganstrom – National Guard, 1951-1959; Larry Krob – Air Force, 1956-1976; Richard Palmquist – National Guard, 1953-1955.



- July -

**Lorraine Bramwell**  
**Grace Thompson**  
**Don Slaughter**





## July Activities



**Mondays - 8-9:30 am**

*Coffee Groups-open to all!*

**Wednesdays - 2:30 pm**

**B-I-N-G-O!**

**July 5 - 2:15 pm**

*Celebrate Hawaiian Day  
with Sister Norma*

**July 12 - 10:00 am**

*Shark Week Trivia*

**July 19 - 10:00 am**

*Fun in the Sun!*

**July 25 - 1:30 pm**

*Hot Fudge Sundaes*

**July 28 - Christmas in July**

*Activities all day!*

**July 29 - 10:00 am**

*Painting and Punch*

## Hello, New Residents



**Phyllis Koster  
Salina, KS**

Phyllis was raised in Concordia, but has lived in Salina for 60 years. She has seven children and likes to go to auctions, gamble, and visit family.



**Melvin Kennedy  
Concordia, KS**

Melvin was a carpenter and also worked in the Concordia schools. He likes to fish, garden, and work on cars.



**Janice Gordon  
Concordia, KS**

Janice worked for the telephone company for 25 years, living in communities around the state. She likes to sew and play cards with her kids and grandkids.

### Coffee Groups...



... join us in our  
North Dining Room  
on Mondays from  
8:00-9:30 am.

*free coffee ~ free snacks*

*Questions? 785-243-2720*



620 2nd Ave. | Concordia, KS 66901  
785-243-2720 | sunsethomeinc.com

*Locally owned and operated since 1905.*

JULY 2022

## WHO LOVES MAIL?!?!

Would you or someone you know like to receive our newsletter, no strings attached? Simply fill out this form and send it to us at Sunset Home--620 2nd Ave., Concordia, KS 66901.

**FULL NAME** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_

**CITY, STATE, ZIP** \_\_\_\_\_

**EMAIL IT INSTEAD** \_\_\_\_\_

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