



Sunset Home
— Senior Living Community —
Locally owned and operated since 1905

AUGUST 2022

THE SUNSET OBSERVER



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Tomgirl to Two-Step



Betty Strait was born in Narka, KS and has lived in the north central Kansas area all of her life. She was an only child, but had the good fortune to have another only child near her family's farm. They were tomgirls and loved being outdoors helping their fathers. "I didn't want to go in the house and help mom," Betty says. "She'd have me washing dishes."

Betty went to a country school
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called Round Grove that was 2 ½ miles from the farm. She never had to walk because her parents drove her to school. One year around Thanksgiving they had to stay over with the teacher because there was a big snowstorm.

Betty remembers going to Grandma and Grandpa's on Sundays growing up and then she did the same when her boys were young.



Betty is eager to lend a hand during resident activities.

Betty graduated from Brown Mackie in Salina and worked a few jobs before spending almost 30 years with F&A Food Sales.

Betty had two children with her first husband. She was introduced to her second husband by a neighbor. "They kept bugging me about this one guy. It ended up he lived across the street from me." Harold "Beau" Strait adored her and her boys.

"We had a good marriage," Betty says. The Straits were married for 30 years before Beau passed. "He took the boys fishing and got along with my first husband's parents. We would visit them with the boys often on Sundays. They would call and say, 'What are you guys doing today? We got your gooseberry pie.'" Beau loved gooseberry pie so the family drove over to Clifton to spend time together. Betty's newest great-grandchild is named after her late husband.

Betty likes to color and complete puzzles and word searches. She also loves walking and dancing. She used to dance with a group at the American Legion in Salina. She would go down with some friends and they would dance from 7-9 pm on Wednesdays. She misses the trips a local bank hosts but is glad for the comfortable outings provided by Sunset Home and her family.

Happening in August

Mondays - 10:00 am

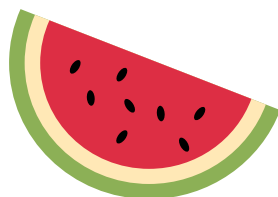
Veterans Meeting

Wednesdays - 10:00 am

Sermon with Pastor Al

August 3 - 1:30 pm

Watermelon Feed!



August 8 - 1:30 pm

Chocolate Tasting & Trivia

August 12 - 1:30 pm

Birthday Party!

August 19 - Lunchtime BBQ

August 22 - 1:30 pm

Viva Las Vegas!

August 23 - 9:00 am

Visit Rock City



July 29 - 2:15 pm

Celebrate Hawaiian Day
with Sister Norma

Spotlight on Chris Howard

Certified Medication Aide

What is one of your favorite places and why? Seoul, South Korea, It was the first place I was stationed in the Army. I fell in love with the people and the culture.

What's the craziest thing you've ever done? Bungee jumped out of a helicopter.

What is your favorite quote?

"Our flag doesn't fly because the wind moves it. It flies with the last breath of every fallen soldier who protected it."



Chris and his son, Bentley.

What's a fact about you that nobody would guess?

I have been to 54 countries and six continents.



Summer Lovin'
-HAPPY MOMENTS-



Summer Lovin'

-HAPPY MOMENTS-



- August Birthdays -

Laura Slagle
Joann Johnson

620 2nd Ave. | Concordia, KS 66901

785-243-2720 | sunsethomeinc.com

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