



Sunset Home
— Senior Living Community —
Locally owned and operated since 1905

FEBRUARY 2023

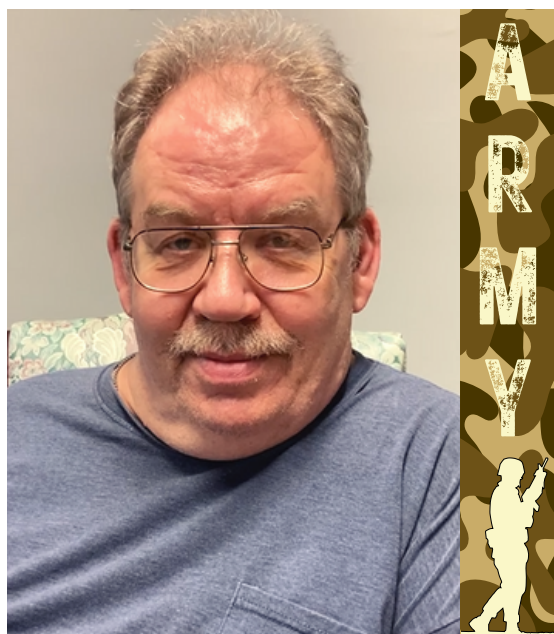
THE SUNSET OBSERVER



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Still Strong



Troy Anderson has enjoyed living at Sunset Home since 2015. He has always been able to express himself and takes pride in his relationships with the staff and residents. "You know the saying on the dining room wall? It says, 'Together, we are family'. I think that's what we all are here. A family of friends."

Troy grew up near Sunset Home as well as the surrounding area.

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He began school in Concordia at a kindergarten cottage and then Washington Elementary, which no longer exists. He attended grade schools in Norway and Scandia, and all of high school in Concordia. Troy has a brother and two sisters. They all have their own children.

"I have one son who lives in Maryland, north of Baltimore," Troy says. "And he's working in a nut and bolt factory where he makes the littlest bolts to the big, humongous industrial size. So, let's say you got a pair of glasses that need a nut--that's probably what he's made are those tiny ones."

One of Troy's first jobs was working on a farm. He also worked for a construction company putting up grain bins. Although he only had to get up about eight feet high, it was hot work handling all the metal.

Troy was also in the army and stationed in Germany, which he considers one of his favorite places. "Mainly in the military, I was a diesel mechanic and a parts clerk," says Troy. He also deejayed for the army four to five nights a week in Bamberg, Germany, "...more or less keeping the morale up for the troops and keeping them happy," Troy says. He continues listening to his country and rock n' roll music collection at Sunset Home.

"When I got out of the army, I went into the security business field." Troy spent the rest of his career in security and worked for different businesses. He also volunteered with the National Guard.



Troy's definition of a life well lived can be summed up in one word--enjoyment. He says you also need the four C's. "You have to have Care. You've got to have Commitment. You've got to have Communication and Concern."

Troy leads weekly domino games at Sunset Home.

In 2013, Troy got the scare of his life when he had a stroke at age 50. "If it hadn't been for this stroke, I'd be plugging away today," he says. "It took away my working capabilities and I ran into the stop sign of life."

One of Troy's greatest passions has always been accomplishing a task. His stroke has set him back in this area physically, but not mentally. It's something he regrets, but he's also thankful to be alive after all he's been through and glad he's come this far—still enjoying life today!



Happening at Sunset...

Mondays - 8:00 am

Coffee Break

Wednesdays - 10:00 am

Christian Service

February 3 - 2:00 pm

February Birthday Party!

February 6 - 10:00 am

Balloon Volleyball

February 14 - 10:00 am

Sweetheart Cinnamon Rolls

February 17 - 1:30 pm

Steal My Beads Game

February 21 - 10:00 am

Love Bug Craft

February 27 - 10:00 am

Beach Ball Ice Breaker

Hello, New Residents



Darrell Walden
Concordia, KS

Darrell Dean or "DD" has a family of D names, including three children. DD drove a truck regionally and enjoyed hunting and fishing.



Dolores Aytes
Concordia, KS

Dolores raised five children and a grand daughter. She likes crossword puzzles and playing card games like pitch and canasta.



**a cause
you can
feel good
about.**

We are bringing more smiles to the residents of Sunset Home. In 2023, Sunset Home will open it's very own Childcare Center featuring intergenerational programming for kids and older adults. Support is needed to make dreams like this a reality for the Sunset Home community. Watch for opportunities like this to give to a good cause or give online anytime at sunsethomeinc.com/donate.

Sunset Home's Employee of the Month



Kambree Folk

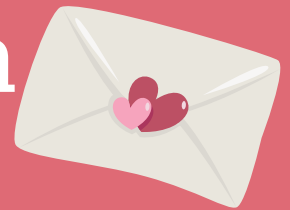
Activities
Director

As Activities Director, Kambree facilitates daily fun and entertainment for residents and staff. She plans and leads activities such as trivia, Bingo, exercise, bus excursions, themed snacks, baking, socials, games, crafts, and parties. Residents and families are very complimentary about the level of social engagement Kambree brings to Sunset Home.

Kambree occasionally steps in to help as a CNA. She is a team player and committed staff member that gives her all for Sunset Home!



Valentine Gram Fundraiser!



**Send some love to a family member, friend,
or staff at Sunset Home!**

Option 1 (\$10): Includes a personalized Valentine card, a can of pop, and a candy bar.

Option 2 (\$20): Includes a bouquet of flowers and a personalized Valentine card.

To purchase a Valentine Gram, go to sunsethomeinc.com/donate or call Kambree at 785-243-2720. Let us know who you would like your Valentine to go to and if you want Option 1 or 2. Deadline to order is February 7th.

620 2nd Ave. | Concordia, KS 66901

785-243-2720 | sunsethomeinc.com

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WHO LOVES MAIL?!?!

Would you or someone you know like to receive our newsletter, no strings attached? Simply fill out this form and send it to us at Sunset Home--620 2nd Ave., Concordia, KS 66901.

FULL NAME _____

ADDRESS _____

CITY, STATE, ZIP _____

EMAIL IT INSTEAD _____

Also find us on →

