



Sunset Home
— Senior Living Community —
Locally owned and operated since 1905

APRIL 2023

THE SUNSET OBSERVER



In this issue...

April Activities - 3

Among Friends - 5

Life on the Move



Joan Pickard was born in Belleville, Kansas. Her dad drove a truck for a living. "Matter of fact," says Joan, "when Mom went into labor with me we were in a semi down by Glen Elder." They made it back in time for Joan to be born at the hospital.

Joan had three younger brothers and before long the family moved to a farm near Agenda, Kansas. They even brought over an old hotel from Agenda to be part of their house.

(continued on page 2)

Joan's mom was the most instrumental in shaping her life. "She was a hard worker. She laughed a lot and she could cook like a chef," says Joan. One thing she made that Joan liked was coconut microwave cake. "We could have whatever kind of cake we wanted for our birthday," says Joan.

Joan went 11 years to the Agenda school until it closed. She attended her final year of high school in Cuba. There were 12 students in Joan's class. After high school, Joan went to Fairbury Junior College in Nebraska. "I wanted to join the Army or the Navy and my parents had a fit," says Joan. "My uncle told them it was not a good idea."

Joan lived in Arkansas for 12 years when she worked for AT&T. She loved visiting Eureka Springs to get massages and go on tours. "We toured the Crescent Hotel. That's the one where that doctor experimented on his patients." Joan is always ready for a tour when they are offered by Sunset Home.

Joan moved and traveled all over the United States. When she retired it was time to come back home to Kansas. Joan has lived in Clyde since retirement.

Joan likes working with her hands. "My brother and I totally refurbished this house with no windows," says Joan. Squirrels and cats were living in the house, but they updated it and gave it vinyl windows.

Joan's greatest passion also involves working with her hands. "I love doing stained glass. But it isn't something you can just haul around with you."

Few people know that Joan loves to dance. She also likes to do yard work. "I haven't been able to do that the last three years. And that's really hard," she says.



Joan (left) catches a photo with Eileen, one of her many friends at Sunset Home. 2

Before Joan came to Sunset, it was difficult for her to live at home anymore. "I kept falling and my medications needed to be sorted out. I also have COPD." Joan's brother and physician helped create a better plan for her medications. The adjustment and being in a relaxed environment have significantly reduced her falls, too.

Although COPD has slowed her down, but Joan still makes the most of her life. She is very social and inclusive at Sunset Home. With her wit and humor, Joan's contagious spirit makes life more exciting and enjoyable as she interacts with others.

Joan thinks a life well-lived is when you do everything on your bucket list. The Cahokia Mounds near St. Louis were a favorite on her list. "I still have one thing I haven't gotten to do," says Joan, "attend a KU basketball game."

At Sunset Home, you can find Joan watching Westerns or working on puzzles and crafts with her friends. All in all, Joan says the secret to a happy life is not letting things bother you. "I try to just live day by day," she says.

Happening in April

Mondays & Fridays - 10:00 am

Group Fitness

Mondays - 8:00-9:30 am

Coffee & Conversation

Wednesdays - 2:30 pm

B-I-N-G-O!

April 6 - 9:00 am

Manicures

April 7 - 2:00 pm

April Birthday Party

April 13 - 9:30 am

Visit Orphan Train Statues

April 17 - 1:30 pm

Grief Group

April 21 - 1:30 pm

Baking with Kambree

April 26 - 9:00 am

Pretzel Trivia

April 27 - 10:00 am

May Day Flowers



Sunset Home's Employee of the Month



Tara Koch

Assisted
Living Nurse

Tara has worked for 17 years at Sunset Home, dedicating her career in nursing to older adults. She develops caring relationships with each assisted living resident and specializes in wound care for residents in the nursing facility. Tara is personable, enjoys having fun, and has a positive attitude of servitude, stepping up to help teammates and residents.

Hello, New Residents



John Musgrove
Concordia, KS

John was drafted into the Army and then worked for the railroad for 36 years. When he retired, he push-mowed over 30 yards in Concordia.



Callie Reber
Ellsworth, KS

Callie and her husband were married for nearly 70 years. Callie owned a Hallmark shop in Ellsworth, where they lived, and dedicated much of her time to volunteering.



Sue Dean
Concordia, KS

Along with her career as a school librarian, Sue had two children. She likes games and crafts, including rubber stamping.

- April Birthdays -



Anita Nelson
Shirley Patrick
Arlene Boutz

Project Updates

The Dane G. Hansen Community Grant Fund of the Community Foundation for Cloud County has awarded \$5,000 to be used for furnishings and toddler and baby essentials for the planned childcare center at Sunset Home.

The final renovation work for the childcare center is scheduled for April and May. Once complete, the furnishings and outdoor play area will be set up. Sunset Home anticipates opening the center in Summer 2023.

KING Safety, a risk management and workers compensation program, has provided a \$1,000 grant that will be used towards replacing the driveway used to access the childcare cottage.



**community
foundation**
FOR CLOUD COUNTY



620 2nd Ave. | Concordia, KS 66901

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Locally owned and operated since 1905.

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WHO LOVES MAIL?!?!

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